



REPORT

From the office of the...
EFRT Program Director

TO: Members of the Executive Board
FROM: Jake Howran
SUBJECT: EFRT Report 9
DATE: March 30, 2023

Yearplan Update

EFRT's year is coming to a close as we begin the transition into next year's executive team. All major trainings and team events have been completed with the exception of our final team training and team recognition night. Most of the yearplan was followed generally in order, with slight exceptions due to extenuating circumstances like weather.

Events, Projects, & Activities

General Service Usage

EFRT has received ~600 calls this year. This is 21% more calls than the 2021-2022 school year. This number will continue to grow, and statistics will be made available at the end of the term.

Projects & Events: Midyear Evaluations (Complete)

Each year, EFRT responders must undergo a challenging skills evaluation known as Midyears. This year's evaluations have been completed and only a handful of responders remain to finish some remedial training to bring them up to speed. Check-ins with responders indicates that next year, the executive team should aim to include a soph/senior practice night (or multiple), as they often run newer responders through practice scenarios and are unable to complete their own practice.

Projects & Events: February Monthly Training (Complete)

Monthly training was successfully completed prior to the February reading break.

Projects & Events: March Monthly Training (Upcoming)

EFRT will be completed its final team training March 31 on the topic of BLS and complex scenarios. This is aimed to recertify responders in BLS and bring up challenging, non-specific scenarios that require more critical thinking to successfully complete them.

Projects & Events: NCEMSF(Complete)

EFRT joined thousands of Canadian and American EMR/EMT/Paramedics in Boston in February for NCEMSF. The team had a great experience meeting new people, running practice scenarios, attending lectures, and overall bonding together for the conference. Upon inquiry, responders largely detailed/reflected

on their experiences learning about the roles/responsibilities of other teams (national and international). It was an important opportunity for the team to show up their skills and learn new tricks for dealing with emergencies, while also making meaningful connections with each other. The conference also provides some support and context for breadth of call types seen on university/college campuses around North America, highlighting the importance of the work done by EFRT at McMaster.

Projects & Events: St. Patrick's Day Response (Complete)

EFRT planned large scale event responding for St. Patrick's day in anticipation of elevated call volumes. While EFRT's Ops plan was well devised and the team was prepared for an influx of patients, very few calls took place over the weekend most likely due to the weather. I have no further recommendations as it is likely that each academic year will have a different intensity of events such as this.

Projects & Events: Applied Suicide Intervention Skills Training (Complete)

The final professional training of the year, ASIST, was completed by all responders. The importance of ASIST is that it primes responders to deal with very hard and challenging topics in mental health and suicide prevention. ASIST forces responders to reflect on their approaches to suicide intervention and creates a good foundation for the team to respond to mental health emergencies.

Projects & Events: EFRT Recognition Night (Upcoming)

EFRT will be holding its annual recognition night on April 6. This event is designed to demonstrate our appreciation for the volunteers and bring the whole team together one last time before the end of the year. It is important that the event is held as it offers closure to many responders who are graduating this year, and allows EFRT to offer awards to the responders who have demonstrated the highest commitment to the team. The event is full of food, games, videos, pictures, and likely lots of bittersweet tears.

Projects & Events: Relay For Life (Complete)

EFRT joined forces with many other students to fundraise for Cancer research at Relay For Life. ~10 Responders participated in the 12 hour overnight event and raised ~\$1600. The Event is regularly attended and support by EFRT, but this was the first time since the COVID-19 pandemic that we have been able to participate. EFRT looks forward to supporting the Relay team moving forward.

Outreach & Promotions

Summary

EFRT's PR has been maintained over the last few months through EFRT's regular PR booths and engagement with MSU collabs (Luminous, Hayley's What's Good McMaster, etc). EFRT recently had to turn down a campus team who wanted to use EFRT material for an uncertified CPR training which we unfortunately had to turn down due to legal and liability concerns.

Promotional Materials

EFRT joined Hayley to create a partying-safe video for St. Patrick's Day. The video was very successful and garnered a lot of attention from the student body.

Social Media Engagement since the Previous Report

EFRT's Instagram has increased by ~120 followers since the previous EB report

Finances

Budget Summary

EFRT is on track for its budgetary spending at the moment. The end-of-year purchases are almost entirely completed. I aim to review the budget and complete a summary report for the Summer funding line for SVK to ensure the funding is justified and secured for future years.

ACCOUNT CODE	ITEM	BUDGET / COST
	February Amazon Order	261.95
	Midyears Shirts	116.8
	Midyears Food	200.00
	Office Food	120.00
	March Amazon Order	240.00
	Gloves	569.86
5315-0107	Asherman Chest Seals	167.75
SUPPLIES	TOTAL SPENT IN LINE	16751.09
	REMAINING IN LINE	1248.91
 		
5501-0107	Perikcycle	120.00
Maintenance	TOTAL SPENT IN LINE	1186.79
	REMAINING IN LINE	313.21
 		
6300-0107	End of Year Uniform Overflow	1210.17
	Instructor Training Cost	750.00
SUMMER FUNDS	TOTAL SPENT IN LINE	38493.52
	REMAINING IN LINE	1506.48
 		
6415-0107	End of Year Gift	1983.15
Recognition	TOTAL SPENT IN LINE	3183.15
	REMAINING IN LINE	-183.15
 		
5715-0107	End of Year Gift	1983.15
Recognition	TOTAL SPENT IN LINE	3183.15
	REMAINING IN LINE	-183.15
 		
6803-0107	SFAi and BLSi	3000
Public Education	TOTAL SPENT IN LINE	11314.70
	REMAINING IN LINE	2685.30

6501-0107	Engravings	150
Rent	TOTAL SPENT IN LINE	150.00
	REMAINING IN LINE	450.00
TOTALS		
TOTAL BUDGETED DISCRETIONARY SPENDING		111200.00
TOTAL ACTUAL DISCRETIONARY SPENDING		99551.92
REMAINING DISCRETIONARY SPENDING		6946.88

Executives & Volunteers

The EFRT team is excited for the end of term. The hardest part of the year is over and we are looking forward to the summer. Check-ins have been completed individually with each responder and, by request, individualized feedback has been created for all responders. Exec check-ins with me are also underway so that the whole team has debriefed this semester with at least one executive.

With the trainings and major purchases out of the way at this time, next year's team will have a stronger starting point than the previous 3 years and will be able to hit the ground running, also with a framework for summer responding in place. Fezan is currently in the process of transitioning into the Director position.

Successes

This year, EFRT was able to bring its responding capacity back up to 100% following the COVID-19 pandemic. We have done all of the "catch up" work required for the team to operate at a standard level for the 2023-2024 school year. EFRT successfully supported hundreds of students this year and will continue to respond into the summer months with the new executive team (currently being hired). The Director has been selected and hired for the 2023-2024 year and all AD candidates have been interviewed at this time.

The largest success the past few months was getting through midyear evaluations, as this is a huge undertaking for the executives. Despite the time sink and burnout, the exec team has made it and we will now be able to go into autopilot mode as we finish out the year with no new major events upcoming.

Current Challenges

The current challenge EFRT is facing has to do with our bikes. Yet another EFRT bike has been stolen in broad daylight. Despite EFRT responders doing their due diligence to lock the bikes with the strongest commercially available locks, thieves have been seen bringing angle-grinders onto campus to steal our bikes. I will be working with Mitch to find new bikes.. but it is now evident we may not be able to ask responders to bring in their bikes for event responding days any longer as it puts their personal belongings at risk.